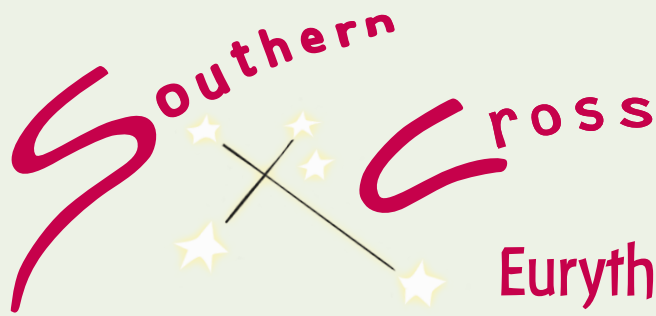


# SCETT 2019



**Eurythmy Therapy  
Training**

## **Anthroposophic Medical Lectures – MODULE 1**

### **Week 1**

**24 - 29 JUN**

**Dr. Marco Ephraïm**

The Metamorphosis of Bones, the Larynx,  
the Heart and Positive Health (week 1) - Center for Creative  
Education

### **Week 2**

**1 - 5 JUL**

**Judith Tabberner**

Embryology (week 2) - Center for Creative Education

### **Week 3**

**8 - 13 JUL**

**Dr. Pieter Wildervanck**

Health & Illness -Where does illness begin (week 3)  
- Center for Creative Education

Invisible Man (week 4) - Sophia House

### **Week 4**

**15 - 20 JUL**

**OPEN TO THE PUBLIC - 9:00 to 10:30 am**

R70 per lecture (R50 for students and pensioners)

Julia O'Leary +27 (0) 76 904 7632

juliaoleary021@gmail.com

**Bookings essential**

# SCETT



**Week 1**  
**24 - 29 JUN**

**OPEN TO THE  
PUBLIC**  
**9:00 to 10:30 am**

*Morning Lectures in  
which knowledge  
of main stream  
medicine is  
combined with a  
phenomenological  
and  
anthroposophical  
approach*

## Anthroposophic Medical Lectures MODULE 1 - Full Programme

### Dr. Marco Ephraïm - Morning Public Lectures

The Metamorphosis of Bones, the Larynx,  
the Heart and Positive Health

#### 1. Embryology and anatomy of the human body.

Introduction to the program of this week and to the Goethean integrative approach. About the wonder of embryology from which all development and metamorphosis starts! Resulting in the threefold human being.

#### 2. Vertebra, spine and neck & back pain

Anatomy of the three different types of vertebra. Pathology of the spine, neck & back pain and options for treatment.

#### 3. Anatomy of the shoulders, clavicle, hips and thigh bone.

Anatomy and Pathology of shoulders, hips and pelvis. Therapeutical options

#### 4. The metamorphosis of the human larynx from the occipit.

This lecture can include both a phenomenological and an anthroposophical approach. Understanding Rudolf Steiner's remarks in the first lecture of the Curative Eurythmy Course.

#### 5. The metamorphosis of the whole lower body to the head.

This metamorphosis is the largest and most hidden. The phenomenological approach comes to a limit. We need an anthroposophical view to understand its meaning, including an overview of the processes of birth and death and what happens beyond.

#### 6. The Heart and the 'Heart School'. Prevention and Positive Health.

The embryology and anatomy of the human heart. Three groups of heart diseases from an anthroposophical point of view. The importance of prevention and life style. What do we practice in the Heart School (for heart patients and their eventual partners) in our Health Centre? The importance of Positive Health to renew health care.

### Dr. Marco Ephraïm - Biography

Marco Ephraïm, married, 3 adult children, family physician since 25 years in Primary Health Centre 'Therapeuticum Aurum', Zoetermeer, Netherlands.

Marco Ephraïm studied medicine in Amsterdam and did the specialization for family medicine in Eindhoven/Nijmegen



# SCETT



**Week 2**  
**1 - 5 JUL**

**OPEN TO THE  
PUBLIC**  
**9:00 to 10:30 am**

## VENUES:

**Centre for Creative Education**  
4 Victoria Road  
Plumstead

**Sophia House**  
18 Firfield Rd  
Plumstead  
Cape Town

## Anthroposophic Medical Lectures MODULE 1 - Full Programme

### Judith Tabberner - Morning Public Lectures Embryology

### Judith Tabberner - Biography

Judith is an Anthroposophical Nurse Specialist, with additional training in Psychiatry and Rhythmic Massage.

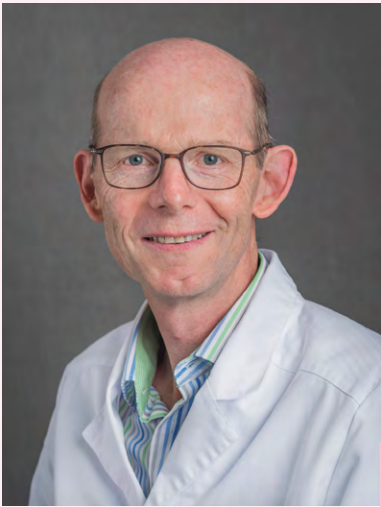
She has been working in the field of Anthroposophical Medicine since 1988 and spent 8 years at Park Attwood Clinic in England before returning to South Africa, in 1996.

Judith has been working at Roseway Waldorf School, near Durban, since 2006, as School Nurse, and Therapist, in support of children and their healthy development.

She teaches Biology in the High School

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## Anthroposophic Medical Lectures MODULE 1 - Full Programme



**Dr. Pieter Wildervanck - Morning Public Lectures**  
Health & Illness - Where does illness begin - Week 3  
Invisible Man - Week 4

### **Dr. Pieter Wildervanck - Biography**

Studied medicine at the university of Stellenbosch und later specialised in internal Medicine there. First practical experience with anthroposophical Medicine at the Ita Wegman Klinik (now Klinik Arlesheim). After a 5 year period as anthroposophical family physician in Johannesburg, return to the Klinik Arlesheim where he is still working as a family physician and consultant on the casualty ward.

**Week 3**  
**8 - 13 JUL**

**Week 4**  
**15 - 20 JUL**

**OPEN TO THE  
PUBLIC**  
**9:00 to 10:30 am**